

MONASH STUDENT ASSOCIATION

The Guide to Uni Life

2019

Find it
Analyse it
Write it
Kill it

#Libraryit

monash.edu/library





“Hello and welcome to Monash Uni! I’m Henry and I’m thrilled to be your MSA President for 2019.

The Monash Student Association (MSA) is the representative body for all Monash Clayton students, run by a diverse group of elected students and professional staff, who are here to support you in every aspect of your student experience.

The MSA offers a huge range of services and programs—from free food, pumping live music and massive events to advocacy, academic support and more, the MSA has your back. There’s always something happening, so make sure to have a look through this guide to find out more about the massive range of opportunities there are to engage with your student union and how we can help you make the most of your time at uni.

There’s no better way to start your year at Monash than with O-Week. Make sure to come down to the festival on the Lemon Scented Lawns and meet the MSA team, sign up for a bunch of clubs and societies, enjoy some free food and take in the good vibes. There’s plenty more to come!”

Henry Fox
2019 MSA President

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A step-by-step guide to making the most out of your time at uni!

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MONASH
University

CAREER
CONNECT

LEAP INTO LEADERSHIP ONLINE

**Standing out
starts here.**

Do you want to boost your employability and leadership skills? Leap into Leadership Online is a series of 12 free online modules that can help you get ready for the world of work.

Find out more
monash.edu/student-leadership/leap

WHAT I WISH I KNEW AS A FIRST-YEAR

"It's really hard to make friends at uni. You don't all have recess and lunch at the same time and you'll often have really different timetables. **Don't feel bad if it takes a while to find some great friends.** It might feel like everyone around you has so many friends already, but chances are they met before uni."

EM, 3rd year, Commerce/Law



"Don't use the rotating doors in Menzies, especially if there are already people in there.

MSA Welfare is the page that tells you what the free food in Wholefoods is."

GINA, 2nd year, Arts



"Nearly all of your textbooks can be borrowed from the libraries."

JESSE, 2nd year, Science/Arts



"That it's up to you—there isn't anyone that is going to coddle you like at school. You need to keep up to date with work, readings and notes, and make sure you complete your assignments on your own, without the constant help and reminders that you may be used to. It's tough at first."

ARIA, 1st year, Science/Arts



"I wish that I'd known **how many opportunities there are to get help from your teachers.** Don't feel shy to ask tutors or lecturers for help. They're there to help you!"

ALICE, 3rd year, Arts



"On-campus accommodation will be your best option."

KEYUN, 1st year, Medicine

"Classes will get harder, but that's okay! See it as a challenge that will benefit you in the long run."

Being a credit student after getting an ATAR of 90+ is okay,

just make sure you enjoy your course."

EMILY, 2nd year, Engineering



"Study buddies are like a gateway drug to real friends. Use studying as an excuse to get to know some people from your classes better."

INDIGO, 1st year, Science/Arts



"University is a massive exercise in time management. It's all exciting, and you should definitely make use of the great opportunities available to you; but don't take on too much. Know your priorities, plan your time, and when you sit down to study, really focus."

But don't forget to leave space for friendships and spontaneity—who knows when there'll be free HSP on campus?"

JESSICA, 2nd year, Arts



"I wish I knew that whilst uni can be very stressful at times, it can also be the best years of your life, **so enjoy the freedom while you can!**"

ANNABELLE, 3rd year, Arts



"Get. Involved. There's always so much going on around campus. Pick what interests you and make the most of all the opportunities you get."

BECKY, 1st year, Science/Arts

"Career Gateway website—it has heaps of jobs that you can apply for to get some experience.

I didn't know about the website till 2 years ago!"

NAOMI, 4th year, Commerce/Law



"So many things!"

1. That attending every social event is physically impossible and not good for grades!
 2. **Being on a uni club committee is great for making friends and gaining work skills.** Wish I knew the application and voting process and all the fine lines about C&S!
 3. Uni games and how to participate.
 4. IBL units!
 5. **Forming study groups is the best way to learn—especially in law, where lecturers don't love answering questions.**
 6. Going to every class is not necessary but learning the content relevant for assessments is.
 7. **Work experience is super important for finding a job.**
 8. Books are expensive. Buy second-hand ones
 9. Law is hard but there are resources available!
 10. Every club is unique in what they do and the people you'll meet, explore them!"
- AMY, 6th year, Commerce/Law**



"I wish I knew **how many opportunities there were to meet people,** through volunteering and societies etc."

BRI, 2nd year, Education



"Don't take uni TOO seriously. Life goes on."

KIM, 4th year, Arts/Law



STEP 1

GET SETTLED



RESOURCES

If you are after more information, please check out these amazing, **free** publications and online resources for international students new to Melbourne.

Useful links:

msa.monash.edu/muiss
monash.edu/international
monash.edu/english-connect



MELD MAGAZINE

Australia's leading international student news website.

meldmagazine.com.au

INTERNATIONAL STUDENTS

Welcome to Melbourne—one of the world's most liveable cities! We bet you're very excited to be here, but we also understand that coming to a new country can be scary, especially if you're moving out of home for the first time. It's not uncommon to feel homesick, anxious and overwhelmed, so don't beat yourself up if you're a bit unsteady at first :)

Monash University International Students Service (MUISS)

MUISS run a cosy lounge for international students upstairs in the Campus Centre, next to Radio Monash. Make sure to drop by as soon as you have a chance. It's the quickest way to meet new people and make friends! MUISS also run fun events, activities and informative workshops for international students.

msa.monash.edu/muiss

📍 muiss.monash

Theatre Workshops for International Students

Fun, accessible performance workshops every week from March to October, designed for people new to performance to come together, try things out and develop their skills. The program culminates in public showings 26–28 September. Contact MUST Artistic Director Yvonne Virsik if you're interested! Places are limited.

yvonne.virsik@monash.edu

msa.monash.edu/must



STUDY MELBOURNE

A fantastic online resource for international students.

studymelbourne.vic.gov.au



INTERNATIONAL STUDENT GUIDE

A free online publication.

insiderguides.com.au

JUST ARRIVED IN MELBOURNE?

Find a Home

Monash Residential Services can provide advice about securing accommodation off-campus. They have trained legal tenancy advisers, can review rental contracts and even advocate to VCAT on your behalf.

monash.edu/accommodation

Open a Bank Account

There are two banks on the Clayton campus. The staff are very friendly. They will answer your questions and will help you open an account.

Get Health Insurance

You'll need an Overseas Student Health Cover card to cover any medical bills. Remember to get ambulance cover as well, if it's not covered by your health insurance.

[monash.edu/fees/fee-types/](http://monash.edu/fees/fee-types/overseas-health-cover)

[overseas-health-cover](http://monash.edu/fees/fee-types/overseas-health-cover)

Get a Myki

You will need a Myki card to travel on public transport.

www.ptv.vic.gov.au/myki/

Get a Tax File Number

Planning to work part-time while you're here? Then you'll need a tax file number.

www.ato.gov.au/tfn



CAMPUS LIFE

The prospect of starting a new life at uni can feel overwhelming, so we've put together some handy tips and a list of helpful resources to help make the transition a bit less tricky. As far as campuses go, Clayton is pretty great! There are so many great services available and so many fun things to do.

Monash Residential Services (MRS)

On-campus accommodation with Monash Residential Services (MRS) provides students with a supportive, social and diverse community. MRS also offers guidance and advice on finding a place to live.

monash.edu/accommodation

SAFETY ON CAMPUS

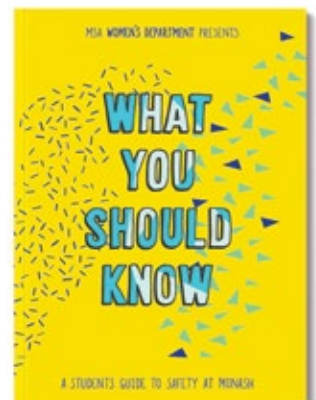
All members of the Monash community deserve to be treated with dignity, courtesy and respect. Monash is a partner in Universities Australia's national **Respect. Now. Always.** campaign and is committed to eliminating sexual assault and harassment.

If you need more information, advice or support in a safe environment, contact the Monash University Safer Community Unit.

monash.edu/safer-community

Alternatively, you can contact the Victorian Centre Against Sexual Assault.

casa.org.au





Biker Cō

Biker Co is a boutique bike shop focused on providing exceptional service, quality parts and relevant products for every kind of rider.

They believe in simplicity. It's the cornerstone of how they are built and it carries throughout everything they do. Biker Co are focused on providing a great resource at amazing prices. Plain and simple.

To find out more and Biker Co and what they do, check out their website, or come past the shop and say hello.

88 Rainforest Walk,
Monash University, Clayton

bikerco.com

On (and Off) Campus Support Services

Lost and confused on campus? Look for the peeps in blue hoodies or T-Shirts with the words "Ask Me" printed on the front. They are here to answer your questions and give you directions when you're lost.

msa.monash.edu/askme

Are you an Indigenous student? Monash offers culturally-sensitive engagement and support services.

monash.edu/about/indigenous

If you need advice about your finances or need emergency help with a loan, Monash Financial Assistance may be able to help.

monash.edu/financial-assistance

Disability Support Services (DSS) are here to help you navigate your studies while you contend with permanent, temporary or fluctuating disabilities.

monash.edu/disability

Need help with your Tax Return? MSA Tax Help is here to help!

msa.monash.edu/taxhelp

What You Should Know

This guide to safety at Monash explains what consent is, provides useful resources and information, teaches how to recognise signs of abuse and offers advice on how to help a friend who may be struggling. You can find a digital copy on the MSA website.

msa.monash.edu/publications



Be a Better Human

This campaign and publication were created by Flinders University Student Union (FUSA) to champion consent, respect and empathy, and to inspire self-improvement. Check out the digital publication on the FUSA website.

fusa.edu.au/babh



STEP 2

MAKE FRIENDS



GO ON AN O-CAMP

There's no better way to kick-start your semester. Overnight O-Camps at PGL Campaspe Downs campsite are where uni memories are made. Each camp has a themed party on one night, so make sure to bring an awesome costume.

msa.monash.edu/hostscheme

📍 📱 [hostscheme](#)



JOIN A CLUB

A club is like a ready-made friendship group, and MSA has over 100 of them to suit every taste and interest. There are academic, cultural and special interest clubs. Play Quidditch with fellow Muggles or party with fellow Biomedical Science students—there is something for everyone!

monashclubs.org



JOIN TEAM MONASH

This is the best way to meet new people **and** get active. There are plenty of team sports and group activities you can get involved in. There are varsity sport competitions, over fifty different sporting clubs and societies, Uni Games and much more.

monash.edu/teammonash



ATTEND AN MSA EVENT

Going to the MSA Orientation Festival is a good start, but there are many other events you should try out, like Wednesday Sessions, UV Glow Party and many, many more. Keep an eye on the MSA website and Facebook for regular event updates.

msa.monash.edu/events

📍 [msa.clayton](#)



Just some of the food choices on offer at Sir John's!



STEP 3

HAVE FUN

CAMPUS FOOD

It's important to keep your energy levels up while you're studying, so don't skip lunch! Luckily, there are plenty of opportunities to score cheap (or free!) and delicious food on Clayton campus.

Sir John's

Established in 1997, Sir John's has been **the** student bar of Monash, Clayton for many years. Whether you're into halls parties and trivia nights, or after a place for group assignments, catching up with friends or just having a drink after a long day, Sir John's is the place to go.

msa.monash.edu/sirjohns

📍 [SirJohnsBar](#)

Wholefoods

Hungry? After healthy, vegan/vegetarian food? Wholefoods Restaurant and Cafe is the place to be! As the only not-for-profit restaurant on campus, Wholefoods is able to provide quality food for prices far lower than would otherwise be possible.

msa.monash.edu/wholefoods

📍 [MonashWholefoods](#)

FREE FOOD ON CAMPUS



Free Food Mondays

Weekly free Monday night dinner served in Wholefoods by MSA Welfare.

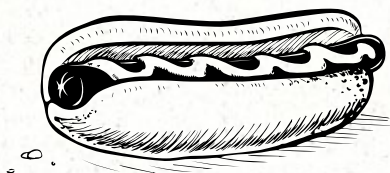
msa.monash.edu/welfare



Breakfast Club

Free breakfast served by MSA every Wednesday from 8am. Check MSA Facebook for locations.

[msa.clayton](https://www.facebook.com/msa.clayton)



Wednesday Sessions

This weekly music event runs on Lemon Scented Lawns during the semester and is accompanied by a free BBQ lunch.

msa.monash.edu/ws



ON (AND OFF) CAMPUS EVENTS

There is never a dull moment on Clayton campus! From live music events (with the likes of *The Smith Street Band* and *Last Dinosaur* performing) to legendary parties, from overnight camps to trivia nights, from bar crawls to conferences—there is something for everyone. Make sure you take breaks from studying every now and then, grab your friends and head to one of the many fun events MSA runs.



22th–24th February

The O-functions

msa.monash.edu/hostscheme

25th February

UV Glow Party

msa.monash.edu/uvglow

25th–28th February

MSA Orientation festival

msa.monash.edu/oweeek19

25th–28th February

The O-Show

msa.monash.edu/oshow19

26th Feb

Wominjeka Monash*

6th March

Clubs Day

msa.monash.edu/oweeek19

*Search Monash University Campus Events on Facebook for more information.

20–21st March

Summerfest*

29th March

MAX (Monash Arcade Expo)*

17th April

Live at the Alex*

28th July

Mid-Year festival

msa.monash.edu/midyear19

12–16th August

Winterfest*

Every Wednesday

Wednesday Sessions

msa.monash.edu/ws

Every Thursday

Thursdays at Sir John's

msa.monash.edu/thursdays

MONASH STUDENT ASSOCIATION AND
CAMPUS COMMUNITY DIVISION PRESENT

WEDNESDAY SESSIONS

STEP 4

GET INVOLVED



Monash Uni Student Theatre (MUST). Photo by Sarah Walker.

Uni doesn't have to revolve around lectures, tutorials and deadlines. The next few years are supposed to be the most exciting time of your life, and getting involved with MSA's many initiatives can help you make the most out of it. And boost your CV in the process!

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Volunteer

Learn new skills, enhance your resume and meet a ton of fun people while giving back to the Monash community. MSA Volunteers are involved in all aspects of uni life, from events to administration. MSA Volunteering provides opportunities for students to engage with the Monash community, develop new skills and strengthen existing ones. Be more confident with leading a team. Be a more effective team operator. Learn project management skills.

msa.monash.edu/volunteer

📍 📱 [MSAVolunteering](#)



Join Monash Uni Student Theatre

Monash Uni Student Theatre (MUST) is an engine room of creativity, a department of the MSA run by professional theatre makers that creates vibrant, innovative theatre by, with and for Monash students and the wider community. Nearly all roles on and off stage are performed by students, with training provided. Students shape the annual program and the growing culture at MUST. Get involved today!

msa.monash.edu/must

📍 📱 [musttheatre](#)

WHY VOLUNTEER?



"Do you want to join a program that leaves a look of happiness and confusion on your face every time you participate? **Do you want to wake up some mornings wondering why everything you own smells like a sausage?** Would you like to feel excited about being a part of a community that unconditionally supports you? Well do I have a heckin' treat for you (they wouldn't let me swear here).

MSA Volunteering gave me all that and more! Working on programs like the Orientation Camps and Wednesday sessions helped me develop so many incredible life skills. **I can set up a marquee in under 2 minutes, and I've learnt how to talk to people, and only come off as slightly awkward.** Volunteering also lets you be a part of some awesome program: sign up with Radio Monash, and you could end up hosting a shows! There is literally no reason to not join MSA Volunteering, so you may as well sign up now! Like right now. Do it. I'm waiting."

R ANY

STEP 5

DON'T FAIL



STUDYING TIPS

"If you're not going to go to lectures, **actually schedule a time to watch them at home.** Otherwise, you'll find yourself with lots of lectures to watch at double speed in SwotVac."

EM, 3rd year, Commerce/Law



"ARRIVE. AT. UNI. BEFORE. YA. CLASSES. START!"

If I have an assignment to work on and classes at 10, I arrive at 7 or 8am, when it's quiet, to get a good spot and smash out the work. You're already there to work, and it's easier to have a clear head and break the project down to simpler tasks."

BRI, 2nd year, Science/Arts



"Make a central assessment calendar with all of your assessments and due dates.

Create summaries of content each week to help with exams!

Always prioritise tasks if you are really busy, instead of trying to do everything."

ARIA, 1st year, Science/Arts



"Don't buy Netflix until holidays, and binge everything then!"

NAOMI, 4th year, Commerce/Law



"Make a plan, or a to-do list, and stick to it! **Make small goals like "write the intro" not "write the lab report" and it will seem more achievable,** and you get to tick things off more often."

EMILY, 2nd year, Engineering

KEEP READING ►



KNOW YOUR RESOURCES

You're in good hands here at Monash—it's heralded as one of the world's top universities! It's important to try and get the most out of your time here, and there are a number of facilities and resources available to help keep you on track toward graduation.

My.Monash

my.monash portal is where you can access your Monash student email account and other resources. **my.monash** is also the place to find WES (Web Enrolment System), Allocate+, key university dates and your personal enrolment info.

my.monash.edu

Web Enrolment System (WES)

Web Enrolment System (WES) will help you kick-start the enrolment process once you've accepted your invitation to study at Monash.

my.monash.edu.au/wes/

Allocate+

Allocate+ is where timetables and dreams are both made and destroyed. It may cause you pain at times, but it is best to try and work with the beast if you hope to achieve a decent timetable. It mostly operates on a first in, best dressed basis!

monash.edu/timetables

Moodle

Moodle is where you will find all your lecture slides, notes from tutors and any other unit-related information.

lms.monash.edu

"Work smart, not hard. Don't write notes on obvious topics that you knew about since high school.

Time delegation is a skill worth learning, because you'll feel pressured for time a lot at uni.

Try and go to your lectures so you can get them out of the way early.

Avoid getting behind, because tasks will add up quickly."

MATILDA, 3rd year, Engineering



"Make sure you spend time preparing for classes rather than just revising after them.

When I went over the content in Moodle before a lecture, even if it's just for 5 or 10 minutes, I was a lot less stressed and understood a lot more in the lecture itself."

JESSICA, 2nd year, Arts



"You should really try and start assignments early.

This means you'll have more time to prepare and produce a bomb assignment and you'll feel less stressed when it gets to that one week where every assignment you've ever had is due."

ANNIKA, 2nd year, Science/Arts



"Don't just re-read your notes, readings or re-watch lectures. It's not an effective way to learn.

Do things that require you to test your memory and understanding.

I make mind maps of topics and ideas, with all the essential info, and refer back to notes. I like visual things like that, but find out what works for you and your learning style. Maybe flashcards. Maybe explain it to your friends or family members or a random one on the train."

BECKY, 1st year, Science/Arts



Matheson Library

40 Exhibition Walk

Matheson is the largest library on campus. It's the place to park yourself if you're an Arts, Business or Education student.

monash.edu/library/matheson

Hargrave-Andrew Library (HAL)

13 College Walk

This one is more suitable for students from Engineering, IT, Medicine and Science faculties.

monash.edu/library/ha

Law Library

15 Ancora Imparo Way

The purpose of these particular facilities should hopefully be a relative no-brainer at this point.

monash.edu/library/law

English Connect

Would you like to enhance your English language skills? Do you need help navigating the expectations of academic literacy and English grammar at uni? Then English Connect is the place to go!

monash.edu/english-connect

Study Skills Assistance

Great online resources for when you need help with:

- ★ RESEARCH AND LEARNING
- ★ EFFICIENT READING STRATEGIES
- ★ GIVING PRESENTATIONS
- ★ IMPROVING LISTENING SKILLS
- ★ EXAM PREPARATION

monash.edu/rlo/study-skills

Study Skills Programs

These programs cover everything from time management to exam preparation. You can join online or attend face-to-face sessions about.

- ★ STRESS MANAGEMENT
- ★ EXAMBUSTERS
- ★ STAYING MOTIVATED
- ★ LEAP INTO LEADERSHIP ONLINE

monash.edu/students/resources/study-programs/study-skills

YOUTUBE STUDY GURUS

Do you find yourself in desperate need of motivation? Do you want to learn how to structure your day better? Are you struggling to beat procrastination? Then you need to get to know the new breed of online influencers—the YouTube "study gurus". These guys are obsessed with organisation, productivity, study skills and personal growth, and their videos are guaranteed to inspire you to get started on that essay!



THOMAS FRANK

Tom covers basic and super advanced study techniques, shares great reading and note-taking strategies, and so much more.

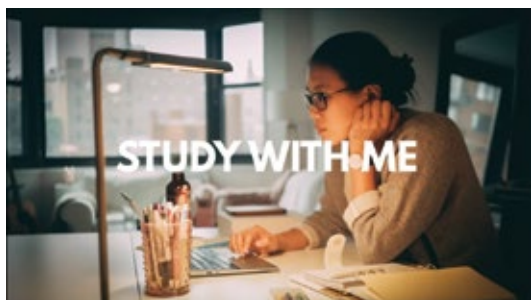
youtube.com/thomasfrank



JOHN FISH

In his weekly video essays, this Harvard student talks about balancing life and study, structuring his day at uni and keeping on top of his work.

youtube.com/MrFish235/



THE STRIVE STUDIES

Need some extra motivation or a buddy to study along with? The Strive Studies offers just that: real-time "study with me" videos.

youtube.com/thestrivestudies



UNJADED JADE

Jade has been dubbed as the "revision guru" by the UK media. Her channel offers a wealth of study, revision and productivity tips.

youtube.com/unjaadedjade



Other channels to check out:

Ruby Granger ★ Ali Abdaal ★ Studyign
★ Study With Jess ★ Revision With Eve
★ Revision ★ Ways to Study ★ Studytee

Key 2019 Dates

SEMESTER ONE

15 FEB: Semester One fees due

31 MAR: Semester One Census.
Last day to discontinue Semester One units without incurring fees.

30 APR: Full Year Census

6 MAY: Last day to discontinue Semester One units with 'withdrawn' showing on academic record. Units discontinued after this date will show as 'withdrawn fail'.

10-28 JUN: Exams

SEMESTER TWO

12 JUL: Semester Two fees due

15 JUL: Semester One results released

5 AUG: Last day to discontinue full-year units with 'withdrawn' showing on academic record. Units discontinued after this date will show as 'withdrawn fail'.

31 AUG: Semester Two Census.
Last day to discontinue Semester Two units without incurring fees.

30 SEP: Last day to discontinue Semester Two units with 'withdrawn' showing on academic record. Units discontinued after this date will show as 'withdrawn fail'.

4-22 NOV: Exams

monash.edu/students/dates



EXAMS: WHAT YOU NEED TO KNOW

Rules for exams have changed recently. It's important that you are following up-to-date procedures if you can't attend your exam due to illness or extreme circumstances. Please refer to the link below for more information.

monash.edu/exams

For general advice about (or assistance with) applying for Special Consideration, including advice on what documentation is needed, please contact MSA Student Advocacy and Support Officers.

msa.monash.edu/sas

Six weeks before the start of the exam period, you will be able to view your personal exam timetable via **my.monash** or the **Web Enrolment System (WES)**. If you have registered with Disability Services and have requested alternative assessment arrangements, these will not appear in your timetable. Monash will notify you of your specific arrangements by email one to two weeks before the exam period.

monash.edu/exams



EXAM SURVIVAL TIPS

"I try to change things up—I'll eat different snacks than I usually do: **I'll tell myself I can go read manga for half an hour if I finish this hour of study**; I'll take a walk somewhere I haven't been on campus before. It keeps me motivated."

JESSICA, 2nd year, Arts



"I stay sane through practising meditation. I find it really helps me to calm down and relax through what can be a very stressful time, and it's a great way to reset your mind and body."

ANNABELLE, 3rd year, Arts



"I really like making cue cards— use them to ask questions and get family and friends to quiz you."

GEORGIA, 1st year, Education/Arts



"Make sure that you get breaks during your study session and see the sun! It's all good to study but remember that balance is everything. **Oh, and remember it's just an exam.**"

KIM, 4th year, Arts/Law



"Yoga, meditation, setting realistic goals and expectations about how much work I'm going to do each day [keep me sane]. I read somewhere that **you can only expect 4 hours of productive work each day**, so I only ever plan for a maximum of 4 hours of study per day."

BECKY, 1st year, Science/Arts

"Don't compromise on sleep.

If you stay up all night to memorise something, you won't remember it in the morning because you need that sleep to consolidate memory."

EM, 3rd year, Commerce/Law



"I revise through **drawings and practice exams so that I don't overload myself with content that I've already learned.**

I also take breaks for the smallest achievements to keep me going."

LIAM, 2nd year, Science



"You've gotta live through the emotions. **So have a mental breakdown, cry, then go get pizza.** Works every time."

LARA, 1st year, Science



"Take afternoon naps. Be careful you don't have afternoon exams though because you'll get sleepy in the exam if you don't keep on top of your nap schedule."

EMMA, 1st year, Science/Arts



"Get plenty of sleep, eat well, talk to friends and family and make sure you do other things apart from studying—it helps you to not be burnt out."

ARIA, 1st year, Science/Arts



"Knowing my reward will be binging on 6 months worth of TV in the break [keeps me sane]."

NAOMI, 4th year, Commerce/Law

"I always make sure to balance study, gym and free time. I write down plans of what I'm going to do each day and try to achieve as many of my goals as possible.

Adding in **a treat for yourself when you reach your goals makes it more doable.**"

ALICE, 3rd year, Arts



"1. Scheduling in breaks to go and move, whether that means a run or walk, stretches, dancing, the worm, you name it. If I have the time to move it allows me to focus better when I get back to it! **2. Creating a "9 to 5" mentality: I study best in the mornings,** so my "9-5" is around 7am-3pm. After that, I shut-off, and make time to see my friends or wind down with my hobbies. **3. Talk to friends at Uni and complain about how much exams suck, before moving the conversation to pump each other the heck up and get motivated."**

BRI, 2nd year, Science/Arts



"Study sessions with friends...even if we aren't doing the same units, **sitting together and keeping each other focused is really good for everyone,** and we can coordinate food breaks which are fun."

EMILY, 2nd year, Engineering



"Catch up on all your lectures, notes, and assignments before SwotVac starts. Then spend the time doing practice questions instead. You'll have a lot of free time, and doing practice questions is the best way to revise content."

MATILDA, 3rd year, Engineering

CAREER CONNECT

Develop your employability edge.

Need a job, or looking to gain some experience? Search hundreds of opportunities online, then let us help you get a great job application together.

**[monash.edu/career-connect/jobs/
apply/get-a-job-the-basics](https://monash.edu/career-connect/jobs/apply/get-a-job-the-basics)**

Time to start thinking about your career? Get coaching from industry experts and prepare for your future.

**[careergateway.monash.edu.au/
students/events/search](https://careergateway.monash.edu.au/students/events/search)**

Find out more
monash.edu/career-connect

GET AHEAD

Do you want to get work-ready, gain some new skills and flesh out your CV? MSA Training and Professional Development (MSATPD) are here to help! MSATPD offer a multitude of courses like RSA, Food Safety and Barista Essentials. Hospitality not your thing? Then how about First Aid, Professional Business Writing or Event Management? Or think bigger! You can gain a Nationally Recognised Certificate to complement your degree. MSATPD offer Certificate and Diploma courses in Childcare, Management, Administration, Training and Assessment and much more.

If you're after some work experience, volunteering opportunities are also available in the office through MSA Volunteering.

monashtraining.com

📱 📺 [monashtraining](https://www.monashtraining.com)



MSA TUTORING

We have partnered with Vygo University Tutoring to make class-specific tutoring as affordable and accessible as possible for Monash students. Download the app to get started!

msa.monash.edu/tutoring

Get a Tutor

Vygo is a mobile app that connects students with peers who have **aced** their exact classes. To get a tutor, download the app, add your class codes, browse relevant tutors and book an in-person or online session with your favourite!

Become a Tutor

If you've achieved over 70% in a Monash class, then you're eligible to become a Vygo tutor. You will not only earn some extra cash—you will also grow as a person and build your resume. You can set your own rates, availability and tutoring locations.

BEST STUDY SPOTS

"3rd floor computer lab in the Menzies. 99% of the time it's only a third full. Maybe people are scared off by the stairs?"

JESSICA, 2nd year, Arts

.....

"Behind the Engineering lecture theatres in the little garden bit (but it's a secret shhhhhhh)."

BRIDGET, 3rd year, Arts

.....

"Either Swift's café in the library, Wholefoods, or the tables outside Monash Sport if it's nice weather."

BRI, 2nd year, Science/Arts

.....

"In the winter—nothing beats LTB. In the summer—outside the library, near the ponds."

GEORGIA, 1st year, Education/Arts

.....

"You can go to the upper floors of the Matheson for complete silence, or the ground floors to study with your classmates for group projects."

ALICE, 3rd year, Arts

.....

"Downstairs of HAL...or find a friend who lives on res and join them in their study room."

EMILY, 2nd year, Engineering

.....

"2nd floor, Law library to get stuff done or Hargrave basement (you have to go inside, and up the stairs before going through the side and going back down)."

NAOMI, 4th year, Commerce/Law

.....

"Learning and Teaching Building. There are some great study nooks and plenty of eating places to refuel your body."

ANNABELLE, 3rd year, Arts

.....

"Bean bags in SURLY. There's usually space there."

BECKY, 1st year, Science/Arts

STEP 6

KEEP YOUR COOL

At some point or another, in the next few years, you will find yourself feeling very stressed and overwhelmed. Unfortunately, sometimes that's part of being a student. Some stress can be motivating, but too much of it can affect your health. Instead of trying to get rid of stress entirely, it's more useful to learn how to manage it. We've put together some resources to help you along the way.



STUDENT ADVOCACY AND SUPPORT (SAS)

Got a problem with the university? University got a problem with you? Feeling lost or confused about anything uni related? Student Advocacy and Support Officers are here to provide independent advice and advocacy in relation to any concerns you, as a Clayton undergraduate student, may have while at Monash. SAS can assist with special consideration, discipline, grievances, academic progress, fees, enrolment, mark concerns and much more.

msa.monash.edu/sas

How to Stay out of Trouble

1. Read your emails! Ignoring or not responding to certain emails could lead to exclusion! Keep checking your inbox even when you think you're done for the year.
2. Always make sure Monash has your current contact details. If they can't find you, then they can't tell you what you need to know.
3. Your faculty course advisor should know your name by the time you graduate. It's up to you to make appointments each year to check on your progress, otherwise you may have to repeat some units.



STUDENT UNION RECREATIONAL LIBRARY (SURLY)

Feeling stressed? Need a break from studying? SURLY is just the place for you! Located upstairs in the campus centre (next to Wholefoods), SURLY is all about fun and relaxation, so leave your textbooks at the door. There's fiction and sci-fi books, comics and manga, LPs and record players, board games and Nintendo, DVDs and a TV, phone and laptop chargers, audio and e-books, magazines, a craft corner, a book club, beanbags, lounges—and yes, if you need to do actual uni work—study desks. Plus, you can print, photocopy, scan, bind and laminate your documents. SURLY is open Monday to Friday during semester!

msa.monash.edu/surly
f i SurlYMSA

SIX STRESS BUSTING TIPS

Know your Triggers

...and avoid them when possible.
Notice what stresses you out
and how you react to that stress.
Recognise what you can change.

Get Plenty of Sleep

Not getting enough sleep impairs academic performance and makes it harder to get through the day.

Have a stress outlet

This could be a social activity like going out or participating in team sports, finding a hobby or joining a social club.

monashclubs.org

Exercise

A healthy body means a healthy mind. Do rhythmic exercise like walking, swimming, cycling, or jogging 3-4 times per week.

monash.edu/sport

Practice Mindfulness

Mindfulness involves learning to pay attention to the present moment rather than worrying about the future or dwelling on the past.

monash.edu/health/mental-health/mindfulness

Ask For Help

There is absolutely nothing wrong with asking for help when you need it! Call Monash Counselling Service on 1300 788 336.

monash.edu/counselling

Where will Mathematical Sciences take you?

"Young people must come to see science and math degrees as key to opportunity. If we fail at this, we won't be able to compete in the global economy" – Bill Gates

Mathematical Skills Can Make All The Difference: you will develop general skills in problem solving, critical thinking, modelling, analysis, research, and creativity, which can be used wherever your career may take you.

CAREER OPPORTUNITIES

Actuary	Financial Analyst
Banking and Finance	Genetics
Biostatistician and Public Health	Market Research
Communications Specialist	Mathematical Modeller
Computer Analyst	Mathematical Physicist
Computer Programmer	Medical Research/Science
Cryptologist	Operations Research Analyst
Data Analyst	Science Journalism
Defence	Statistician
Film Industry	Teacher
Special Effects	University Lecturer

Study Programs

The School of Mathematical Sciences offers undergraduate and postgraduate programs in:

- Applied mathematics
- Financial and insurance mathematics
- Mathematics
- Mathematical statistics
- Pure mathematics

Undergraduate Studies

Students can study topics from a range of areas in mathematics, including:

- Algebra and number theory
- Geometry and partial differential equations
- Mathematical physics
- Statistical techniques and applications
- Probability
- Financial mathematics
- Stochastic processes
- Operations research

These can be combined with studies from other areas including engineering, commerce, IT, law and arts. Mathematics is commonly taken with other science areas of study.

Further Information

Monash University Undergraduate Handbook
www.monash.edu.au/pubs/handbooks

Enquiries

School of Mathematical Sciences

9 Rainforest Walk, Monash University, Victoria, 3800

Telephone: 03 9905 4465

Email: enquiries@maths.monash.edu.au

For more information on studying mathematics at Monash visit maths.monash.edu



MONASH
University



S2

BOARDRIDERS



MONASH
BOARDRIDERS

STEP 7

KEEP IN TOUCH

We are here to help you make the most out of your student experience at Monash. Here's a little about who we are and what we do. Make sure to drop us a line!

SAY HELLO TO YOUR 2019



SECRETARY

Jett Fogarty

(03) 9905 8887

msa-secretary@monash.edu



TREASURER

Helena Kalfas

(03) 9905 3140

msa-treasurer@monash.edu



ACTIVITIES

Parker Brown and Declan Dempster

(03) 9905 3243

msa-activities@monash.edu



msa.monash.edu/activities

[msa.activities](#)



EDUCATION (ACADEMIC AFFAIRS)

Joseph Friedman and Cherie Fung

(03) 9905 1122

msa-education@monash.edu



msa.monash.edu/edac

[msaeducation](#)



EDUCATION (PUBLIC AFFAIRS)

David Power and Tuesday Atzinger

(03) 9905 5493

msa-education@monash.edu

msa.monash.edu/edpub

[msaeducation](#)



PEOPLE OF COLOUR

Minh Tran and Nakiso Gwatidzo

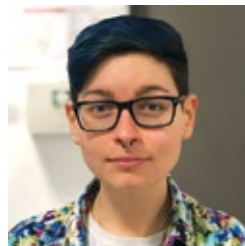
(03) 9905 2089

msa-poc@monash.edu



msa.monash.edu/poc

[monashpoc](#)



QUEER

Ellie King-Cain and Peter Bui

(03) 9905 0554

msa-queer@monash.edu



msa.monash.edu/queer

[msaqu](#)

Clubs and Societies

(03) 9905 4159

monashclubs.org

Lot's Wife Magazine

(03) 9905 8174

lotswife.com.au

[lotswifemagazine](#)

Mature Age and Par-Time Students (MAPS)

(03) 9905 1591

msa.monash.edu/maps

MSA OFFICE BEARERS!



CREATIVE AND LIVE ARTS

Josh Johnstone and Shannon Brown

(03) 9905 3243

msa-cla@monash.edu



msa.monash.edu/cla



DISABILITIES AND CARERS

Ella Johnson and Magdalena (Lena) Kozlowski

(03) 9905 4383

msa-disabilities@monash.edu



msa.monash.edu/disabilities

📞 [msadisabilitiesandcarers](#)

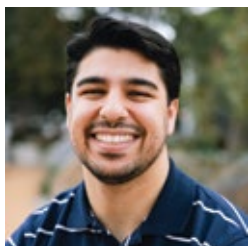


ENVIRONMENT AND SOCIAL JUSTICE

Thomas Benning and Santino Raftellis

(03) 9905 5493

msa-esj@monash.edu



msa.monash.edu/esj

📞 [msaesj](#)



INDIGENOUS

Jessica Bennet and Stephanie Ward

(03) 9905 5336

msa-indigenous@monash.edu

msa.monash.edu/indig

📞 [indigenoumsa](#)



WELFARE

Merjem Colan and James McDonald

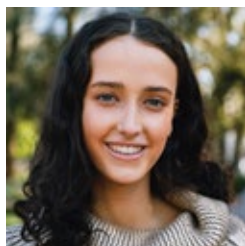
(03) 9905 4134

msa-welfare@monash.edu



msa.monash.edu/welfare

📞 [msawelfare](#)



WOMEN'S

Saskia Day and Meghan Wright

(03) 9905 3108

msa-womens@monash.edu



msa.monash.edu/womens

📞 [msawomensdepartment](#)

Monash University International Students Service (MUISS)

(03) 9905 3882

msa.monash.edu/muiss

📞 [MUISS.Monash](#)

Radio Monash

(03) 9905 5151

radiomonash.net

📞 📺 [RadioMonash](#)

Monash Security Information

Whether you're a student, staff member or visitor to Monash, you'll find our security services team working around the clock to keep our campuses safe and enjoyable places to work, study and play.

If you're ever worried about your own or someone else's safety, see something suspicious or just want some security advice, help is just a phone call away. You call the same general security number on all our Australian

campuses. You'll find the numbers on our website, it's a good idea to note or enter them in your mobile phone.

You can also visit or call your campus security team directly, so make a note of your campus security office location and contact details which is also on our website.

You're in safe hands at Monash, so enjoy your time with us.



USEFUL CONTACTS

Need help? There is a lot of support available for Monash University students, so much so it can be hard to know where to begin. We've compiled a list of the most helpful services we can think of.

000	Emergency Services
1800 806 292	South Eastern CASA (Centre Against Sexual Assault and Family Violence. Toll free; 24 hours.
13 11 14	Lifeline—Personal/Crisis Counselling
1300 651 251	Lifeline—Suicide Prevention Line
1300 789 978	MensLine
1800 888 236	Turning Point (Drug and Alcohol Support)
1800 858 858	Gambler's Help
1300 606 024	Nurse on Call

Health Services

Counselling Services

monash.edu/health/counselling

Health Services (including doctors,
dentists, and psychology services)

monash.edu/health/medical-services

Residential Services

Monash Residential Services (MRS)

rent-smart.mrs.monash.edu

Tenants Victoria

tuv.org.au

Learning Support Services

Learning skills advisers

monash.edu/library/skills/contacts

Face-to-face study skills programs

monash.edu/students/resources/study-programs/study-skills

Online study skills programs

monash.edu/students/resources/study-skills

English language and communication skills support

monash.edu/english-connect

Legal and Financial Advice

Monash Law Clinics—Clayton

monash.edu/law/home/cle/mlcc

Youthlaw Young People's Legal Rights Centre

youthlaw.asn.au

Monash Financial Assistance

monash.edu/financial-assistance

Young Worker's Centre

youngworkers.org.au

Tax Help

msa.monash.edu/taxhelp



\$100K PRIZE PACKAGE

CAMPUS TOUR COMING SOON

ENTRIES NOW OPEN

VISIT [UNISOUNDS.COM.AU](https://unisounds.com.au) FOR DETAILS






MONASH BORROW CUP

@Learning and Teaching Building Cafes

@ Wholefoods, Campus Centre

monash.edu/reusable

 MonashBorrowCup

 @MonashBorrowCup

MSA Rewards



Club Membership Discounts

With MSA Rewards you can get \$5 off each membership when signing up to any MSA Club or Society.



Event Ticket Discounts

With MSA Rewards you'll receive priority access and discounted ticket prices to MSA events.



Online Discounts & Freebies

MSA Rewards Online is your one stop for hundreds of online discounts.



In-store Discounts

Get in-store discounts and benefits both on-campus and off-campus.

AVAILABLE NOW FOR ONLY

\$10

[MSA.MONASH.EDU/BUY](https://msa.monash.edu/buy)



**PICK ONE OR
MIX ANY TWO
FOR UP TO
36 FLAVOURS!**



VANILLA



LIME



MANGO



BLUEBERRY



GRAPE



SOUR



RASPBERRY



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Frozen Fanta is a trademark of The Coca-Cola Company.

McDelivery is now on Uber Eats. Are you?

Available from participating restaurants in select locations. Delivery prices may vary.

UBER
eats

20% off

All orders when presenting your 2019 MSA Members Card

CLAYTON: 1736 DANDENONG ROAD

MT WAVERLEY: 519 WAVERLEY ROAD

CHADSTONE: 1333-1339 DANDENONG ROAD

CHADSTONE FOOD COURT: CHADSTONE SHOPPING CENTRE

NOBLE PARK: CNR PRINCESS HWY & ELONERA RD

WAVERLEY GARDENS: WAVERLEY GARDENS SHOPPING CENTRE

MULGRAVE: CNR WELLINGTON & SPRINGVALE ROAD



Valid until 31/12/19 at McDonald's® Chadstone, Chadstone FC, Noble Park, Mt Waverley, Clayton, Mulgrave and Waverley Gardens. Limit of one offer per person per day. Not to be used in conjunction with or to discount any other offer. Not redeemable via mobile ordering or self-ordering kiosks in Restaurants. 20% discount available to the value of \$30.